# **FROM HISTORICAL, TRADITIONAL AND MODERN SCALPEL: GUIDE TO THE ANATOMICAL DISSECTIONS**

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### Introduction

- Medical education begins with the cadaveric dissections that have been used as the core teaching tools in anatomy for centuries.
- Nearly all medical students and clinicians remember the details of their first interaction with the human body and different instruments.
- One of the most common tools used in the anatomical dissections is scalpel.
- The modern word "scalpel" is derived from the Latin "scallpellus" ("incisor" or "cutter").
- It is clear that the basic idea of the scalpel has remained the same for thousands of years: it is a sharp tool for cutting.



Figure 1. The etymology of the term "surgical knife" dates back to Hippocrates.

# Aims of the project

The aims were to describe the origins and evolution of the scalpel and to summarize this guiding information for the anatomical dissections.

#### Materials and methods

In the beginning of this study the scalpel was represented like an instrument according to historical points of **view**.

Data were collected from scientific publications and different articles in English in the websites, databases (PubMed, Scopus) and medical history sources.



# Results

The evidence of the use of blades in medicine has been found from the Mesolithic period about 10000 years ago.

The first known description of a scalpel comes from the greek physician Hippocrates (Fig. 1). His used specific term was "macairion" (a smaller version of a type of sword).

The **Romans named** their version of the **tool** that it is very widely used term "scalpel" today (Fig. 2).

In the later period there were used the scalpels with one straight edge and the other a sharp, cutting blade. In the 14<sup>th</sup> and 15<sup>th</sup> centuries began the real variation and specialization of the anatomical and surgical tools.

For a few hundred years special scalpels with ornaments were very popular and these tools were used by barbers.

The more artistic versions started to fade out of popularity in the late 19<sup>th</sup> century with the requirements of antisepsis and asepsis.

In 1904 the modern surgical scalpel with a disposable blade was inspired by King Gillette's invention of the safety razor. In 1910 John Benjamin Murphy perfected the **specialized handle** (Fig. 3).

In 1912 the English metallurgist Harry Brearley invents stainless steel (Fig. 4).

In 1914 Morgan Parker, a 22-year-old engineer, made the combination and joined the blade and the handle that provided stability and still being able to exchange blades between uses. In 1915 the reception of the scalpel encouraged him to take it to production (Fig. 3).

In 1919-1923 Sheffield cutlers start the production of surgical scalpels (Fig. 4).

In 1955 diamond scalpel was invented by the Venezuelan scientific Humberto Fernandez Moran: it possesses an extremely sharp, hard diamond cutting edge, used to make ultra fine cuts in biological tissue, mineral or silver (Fig. 4).



Figure 2. Example of a Roman scallpellus and similar instruments (a); Bronze knives found in the destruction of Pompeii (b).

https://bulletin.facs.org/2018/02/the-history-of-the-scalpel-from-flint-tozirconium-coated-steel/



Figure 3. Dr. John B. Murphy's special razor-blade handles (a); Bard-Parker "Rib-Back" scalpel (b); Morgan Parker's original patent (c).

Ochsner, J. The surgical knife. Bull Am Coll Surg, 1999; 84, 27–37. Kirkup, J. Bard-Parker scalpels. J Med Biogr, 2005; 13, 206.



Figure 4. Production of surgical scalpels (a); diamond scalpel (b); 20th century scalpel: modern surgical scalpel - made of stainless steel, formed by 2 parts: the blade and the handle; it has 15+ different types of blade for surgery purpose (c).

Ochsner J. Surgical knife. Texas Heart Institute journal, 2009, 36(5), 441-443.

Today the scalpel is a highly standardized medical instrument (Fig. 4). It is absolutely necessary for anatomical dissections and we follow to its` adaptions, changes in the evolution of modern technologies.

### Conclusions

From different materials knives and reusable handles. the scalpel has become an important tool for medical education and practice.

It is a general instrument with a long history and a special role for anatomical dissections.

